

AfterThoughts
February 13, 2022

Sermon Title: The Fourth Commandment: Remember The Sabbath
Scripture: [Exodus 20:8–11](#)

This week, Pastor David continued the series from Exodus on The Ten Commandments with a look at the Fourth Commandment.

1. **A Sabbath Mandate**
2. **A Sabbath Model**
3. **A Sabbath Practice**
4. **A Sabbath Promise**

Going Deeper:

- God has commanded us to work and that work is a gift to us. What does His command to rest from that work honor from the history of the Israelites ([Deuteronomy 5:15](#))?
- How are you tempted to think that your work responsibilities are more important than your Sabbath practice? Explain.
- It's easy for us to get bogged down in what is "allowed" on the Sabbath. Pastor David shared that the Sabbath practice should prioritize worship and rest. Does your Sabbath practice do that? If not, what can you do to change your priorities for the Sabbath?
- The rest that Sabbath practice promises is not just available on a specific day each week. Christ's followers are promised rest from their insecurities and earthly efforts ([Matthew 11:28](#)). How are you encouraged by this truth?

Additional Information:

[Mark 2:27–28](#)

[Acts 20](#)

[1 Corinthians 16:2](#)

[Revelation 1:10](#)

[Hebrews 4:9–11](#)

May the Lord bless you and keep you; the Lord make His face to shine upon you and be gracious to you; the Lord lift up His countenance upon you and give you peace.

~ Numbers 6:24–26

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