

SUGGESTED ACTIVITIES FOR PRESCHOOL FAMILIES

- WEEK 4: Beginning April 12 -

Our DPM staff hopes you will try one or more of these suggested activities to create family fun and point your child to our Great, Big, God!

- GAME TIME: Classic Games -

Enjoy some old school games like **Follow the Leader** and **Hide & Seek**.
Remind children that wherever we go, God is always with us.

- SCIENCE EXPERIMENT: Color Changing Celery -



(Source: lessons4littleones.com)

YOU WILL NEED:

- Cups of Water • Food Coloring • Celery Stalks with Leaves

DIRECTIONS:

- Cut about an inch or so off the bottom of the celery stalks.
- Fill each container about halfway with water and drop 10-15 drops of food coloring in each glass.
- Place the celery stalks in the water. As the hours go by, notice how the leaves take on the color of the water.

SAY: God made all the plants.

- BUILD A FORT: Hunker Down -

Put up a tent or build a fort using blankets, couch cushions, etc. Gather as a family in the fort and read a book or Bible story by flashlight. Pray and thank God for keeping your family safe.



- MEANINGFUL MEAL TIME: Begin a Dinner Tradition -

Begin a Dinner Tradition: Make mealtime meaningful by using one of these options:

- **HIGH/LOW:** Each family member tells the best thing, and the worst thing, about their day.
- **QUESTION OF THE DAY:** Choose a question for everyone to answer such as “What’s one way you helped someone today?” or “What do you want to be when you grow up?”
- **PRAYER TOOL:** Make something that can sit on your table to be used to prompt prayer. (Examples: photo album of people to pray for, blessings basket with strips of paper of things to thank God for, popsicle sticks in a cup with names of/ praises to God written on them.)

- IN THE KITCHEN: Cooking Lesson -

Let your child(ren) help you cook a simple food like mashed potatoes, macaroni & cheese, cake, or cookies. Make it more fun by making chef hats, wearing aprons, making menus, etc.

SAY: We thank God for good food to enjoy.



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