

# SUGGESTED ACTIVITIES FOR PRESCHOOL FAMILIES

## - WEEK OF March 23 -

Our DPM staff hopes you will try one or more of these suggested activities to create family fun and point your child to our Great, Big, God!

### - FAMILY GAME: Charades -

Play a game of charades by taking turns acting something out while others guess. (Suggestion: Give simple categories and/ or act out in partners to help younger children participate.) End by saying a prayer to God, thanking Him for family time.

### - IN THE KITCHEN: Make Play Dough -

Work together as a family to make play dough (recipe provided below). Then, mold the play dough into shapes of things God made. Thank God for making our world!

#### PLAY DOUGH RECIPE

##### INGREDIENTS:

2 cups all-purpose flour • 3/4 cup salt • 4 TSP cream of tartar 2 cups lukewarm water • 2 TBSP vegetable oil

##### INSTRUCTIONS:

1. Stir together the flour, salt and cream of tartar in a large pot. Next add the water and oil. If you're only making one color, stir in the the color now.
2. Cook over medium-heat, stirring constantly. Continue stirring until the dough has thickened and begins to form into a ball. Remove from heat and then place inside a bowl, gallon sized bag or onto wax paper.
3. Allow to cool slightly and then knead until smooth. If you're adding colors after, divide the dough into balls (for how many colors you want) and then add the dough into the quart sized bags. Start with about 5 drops of color and add **more to brighten it. Knead the dough, while inside the bag** so it doesn't stain your hands. Once it's all mixed together, you're ready to PLAY.
4. Store the play dough inside the bags to keep soft. If stored properly it will keep soft for up to 3 months.  
(source: iheartnaptime.net)

### - ART TIME: Make a Butterfly -

Decorate a coffee filter, paper towel, or napkin with markers or food coloring. Gather it in the center and secure it with a clothespin, folded paper strip, or rubber band to create a butterfly.

Help the butterfly fly around your yard or neighborhood looking for flowers.

Thank God for His beautiful creation and signs of spring.

### - FRESH AIR: Prayer Walk -

Walk through your neighborhood. As you pass each house or business, pray for the people who live or work there. (Suggestion: leave a post-it note smiley face or word of encouragement as you pass.)

### - MISSIONS: Cheer Up Cards -

Draw a picture or make a card for someone who may feel lonely (suggestion: elderly friends in retirement or nursing homes). Include a Bible verse. Take it or mail it to them.

*DPM Recommendation: Kindred Hospice (Mail or place in drop box)*

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